

75 COMMUNITY SERVICE INITIATIVES

FOR YOU AND YOUR CHAPTERS



RULE OF 75 GUIDELINES

TO CELEBRATE DECA INC'S **75TH ANNIVERSARY**, VIRGINIA DECA AND TEAM 78 IS ENCOURAGING ALL CHAPTERS TO PARTICIPATE IN THE RULE OF 75. CHAPTERS CAN EARN RECOGNITION ON SOCIAL MEDIA AND AT SLC WITH THE FOLLOWING LEVELS.

BRONZE LEVEL: \$75 OR 75 HOURS

SILVER LEVEL: \$150 OR 150 HOURS

GOLD LEVEL: \$225 OR 225 HOURS

RULE OF 75 GUIDELINES

TO RECOGNIZE EACH SERVICE INITIATIVE, CHAPTERS MUST FILL OUT THE FORM BELOW. CHAPTERS SHOULD ONLY SUBMIT THIS FORM ONCE WITH A TOTAL LIST OF THEIR SERVICE ACTIVITIES. PLEASE FILL OUT THIS FORM HONESTLY.

SUBMISSIONS TO THE FORM MUST BE COMPLETED BY JANUARY 13TH, 2023.



[HTTPS://FORMS.GLE/GMpXPQDLGTzPNM87](https://forms.gle/GMpXPQDLGTzPNM87)

PREVIEW

ON THE NEXT PAGE IS A LIST OF 75 SERVICE ACTIVITIES YOU OR YOUR CHAPTER CAN DO TO ENGAGE WITH YOUR COMMUNITY. FOR RECOGNITION, CHAPTERS CAN EXPLORE OTHER SERVICE PROJECTS AND/OR INITIATIVES, AND ARE NOT BOUND BY THE ONES LISTED BELOW. THE ONES BELOW ARE TO HELP GUIDE AND ENCOURAGE CHAPTERS TO PARTICIPATE!

- ADVOCATE WITH INFOGRAPHICS FOR VARIOUS TYPES OF SHELTERS
- AID TEACHERS DURING SCHOOL (MAKING COPIES OR SORTING PAPERS)
- APPRECIATE TEACHERS WITH LUNCH OR OTHER FORMS OF GRATITUDE
- CARE OF CATS AND DOGS AT AN ANIMAL SHELTER
- CLEAN UP THE SIDE OF A HIGHWAY OR STREET
- CLEAN UP TRASH AROUND YOUR COMMUNITY (THE BEACH, PLAYGROUNDS, OR LOCAL FACILITIES)
- COACH A YOUTH SPORTS TEAM
- COLLECT AND DONATE SCHOOL SUPPLIES (BACKPACKS, HYGIENE PRODUCTS, OR TOYS)
- CONTACT AND LOBBY LOCAL REPRESENTATIVES ABOUT COMMUNITY NEEDS
- COOK FOR THE LOCAL FOOD PANTRY
- CREATE A CHAPTER-WIDE CARWASH
- CREATE A CHAPTER-WIDE LEMONADE STAND
- CREATE A POSITIVITY ROCK GARDEN
- CREATE INFOGRAPHICS ON WAYS TO GET INVOLVED WITHIN YOUR COMMUNITY
- CREATE SPIRIT ITEMS
- DELIVER GROCERIES TO THE ELDERLY
- DELIVER MEALS FOR MEALS ON WHEELS
- DO ART PROJECTS WITH PEOPLE IN NURSING HOMES

- DONATE CLOTHES OR OTHER GOODS
- EDUCATE PEOPLE ON HOW TO REGISTER TO VOTE
- EDUCATE STUDENTS ABOUT THE DIFFERENT NEEDS WITHIN THE COMMUNITY
- EXPRESS GRATITUDE TO STAFF IN THE FORM OF CARDS
- FOSTER DOGS AND CATS THAT DON'T HAVE HOMES
- GIVE IT HELP TO LOCAL ADULTS AND ELDERLY
- GIVE MUSIC LESSONS
- HAVE A CHAPTER-WIDE BABYSITTING NIGHT
- HELP NON-PROFIT ORGANIZATIONS WITH SOCIAL MEDIA PROMOTIONS
- HELP OUT WITH YOUTH SPORTS ORGANIZATION EVENTS (PREPARING FIELDS, HANDOUTS, TICKETS, OR SNACK BAR)
- HOLD FUN GAME NIGHTS WITH YOUR SCHOOL'S SPECIAL NEEDS PROGRAM
- HOST A COMMUNITY WALK-A-THON
- HOST A DRIVE FOR RESOURCES FOR COLLEGE OPPORTUNITIES (TEXTBOOKS, SAT PREP BOOKS, OR AP BOOKS)
- HOST A FOOD DRIVE
- HOST A VIRTUAL GAME NIGHT FOR FUN
- HOST A YARD SALE
- HOST AN ANIMAL SHELTER DRIVE
- HOST AN AUCTION
- KNIT HATS, SCARVES, OR BLANKETS FOR THOSE IN A SHELTER
- LAY WREATHS AT ARLINGTON NATIONAL CEMETERY

- MAINTAIN A LOCAL HIKING TRAIL
- MAKE A HALLOWEEN SAFETY KIT FOR YOUTH (WATER, FLASHLIGHT, OR PAPER BAGS)
- MAKE UPLIFTING CARDS FOR THE HOMELESS
- OFFER FREE DOG-WALKING SERVICES
- ORGANIZE A BENEFIT 5K
- ORGANIZE A CARPOOLING CAMPAIGN IN YOUR NEIGHBORHOOD TO CUT DOWN ON AIR POLLUTION
- ORGANIZE A DECA-RELATED COLOR/PAINT RUN
- ORGANIZE A SELF-DEFENSE WORKSHOP
- ORGANIZE BLOOD DRIVE
- ORGANIZE BOOKS IN A LOCAL LIBRARY
- PAINT A MURAL FOR A LOCAL PARK
- PRACTICE RANDOM ACTS OF KINDNESS
- RAISE AWARENESS WITH FLYERS ON ISSUES THAT ARE IMPORTANT TO YOU
- RAKE LEAVES OR OTHER YARD MAINTENANCE
- READ BOOKS TO KIDS AT THE LOCAL LIBRARY
- RECOGNIZE VETERANS IN YOUR COMMUNITY
- RECORD PROMOTIONAL VIDEOS FOR ORGANIZATIONS
- RENOVATE A PART OF YOUR COMMUNITY WITH PERMISSION (AN OLD PLAYGROUND OR FIELD)
- SELL BAKED GOODS OR CANDIES FOR A FUNDRAISER
- SELL TECHNOLOGY (LAPTOP CHARGERS, COVER SKINS, OR COVER STICKERS) FOR A CHARITY

- SEND LETTERS TO VETERANS
- SERVE AS A TRANSLATOR IN LANGUAGES YOU KNOW
- SORT DONATED CLOTHES AT A SHELTER
- SPEAK AT CAREER DAY FOR KIDS
- TEACH CPR FOR FREE (AFTER CERTIFICATION)
- TEND TO A NEIGHBORHOOD GARDEN
- TUTOR STUDENTS IN CLASSES
- UPCYCLE ITEMS FOR RESALE
- VOLUNTEER AT A LOCAL, STATE, OR NATIONAL PARK
- VOLUNTEER AT A SOUP KITCHEN
- VOLUNTEER TO CLEAR INVASIVE SPECIES IN COORDINATION WITH THE PARK AUTHORITY
- VOLUNTEER WITH EVENTS AT LOCAL ELEMENTARY SCHOOLS (SPELLING BEES, CONCERTS, OR FIELD DAYS)
- WALK DOGS
- WORK THE VOTING POLLS
- WRAP CHRISTMAS PRESENTS FOR KIDS
- WRITE ADVOCACY POSTCARDS
- WRITE POSITIVITY CARDS FOR CHILDREN'S HOSPITAL



TEAM 78 HOPES THAT THESE IDEAS CAN HELP YOU OR YOUR CHAPTER ENGAGE WITHIN YOUR COMMUNITY. IF YOU HAVE ANY QUESTIONS PLEASE DO NOT HESITATE TO REACH OUT TO SAT@VADECA.ORG OR [@VIRGINIADECA](https://www.instagram.com/VIRGINIADECA) ON INSTAGRAM AND TWITTER. WE CANNOT WAIT TO HELP REACH YOUR PEAK!